

SKYHAWKS VIRTUAL CAMPS & CLASSES

Staying Active Series

Virtual Soccer Skills | Ages 5-8 | 5-Day, 1-Hour Camp Format | \$49 <or> \$39 4-Day Camps

Whether you are looking to sharpen your skills or learn the game for the first time, Skyhawks virtual soccer camp is a great way to stay active and have fun with soccer. This fast-paced, engaging program provides the perfect mix of game-based exercises and skill practice to promote agility and improve fundamental soccer skills. Ball control, dribbling, passing and shooting movements are the focus and all activities are designed to be performed in the home or backyard. Stay active with Skyhawks soccer!

July 6th – 10th 11:30am – 12:30pm

July 27th – 31st 9:00 – 10:00am

August 17th – 21st 11:30am – 12:30pm

Virtual Basketball Skills | Ages 5-8 | 5-Day, 1-Hour Camp Format | \$49 <or> \$39 4-Day Camps

This engaging, skill-based program is designed to keep kids active with a blend of basketball instruction and physical education. Presented by top Skyhawks coaches, boys and girls will improve several fundamental basketball skills including ball handling, dribbling, body positioning and shooting. Participants will come away with new ways to practice and excited for their next step in basketball. All activities are designed for the home with a goal of promoting a love for an active lifestyle!

July 6th – 10th 1:30 – 2:30pm

July 27th – 31st 1:30 – 2:30pm

August 17th – 21st 4:00 – 5:00pm

PhysEd Fun with Skyhawks | Ages 5-9 | 5-Day, 1-Hour Camp Format | \$49

Skyhawks is proud to present an engaging, game-based physical education program designed for the home. With passionate instructors at the program's core, this class will offer children a wide variety of activities that involve locomotor, non-locomotor, manipulative skills and fitness development exercises. Our goal is to build self-confidence, create body awareness and inspire each participant with a passion for an active lifestyle.

July 13th – 17th 11:30am – 12:30pm

July 20th – 24th 1:30 – 2:30pm

August 10th – 14th 1:30 – 2:30pm

Mini-Hawk Active at Home | Ages 4-7 | 5-Day, 2-Hour Camp Format | \$85 <or> \$69 4-Day Camps

Adapting our award-winning Mini-Hawk program into a virtual camp format is an opportunity for Skyhawks to provide a positive, multi-sport introduction to children at home. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. With a big focus on encouragement and fun, this program will promote physical fitness and early skill development in baseball, basketball and soccer.

June 29th – July 2nd (4-Day) 10:30 – 12:30pm

July 13th – 17th 9:00 – 11:00am

August 10th – 14th 10:30 – 12:30pm

Mind and Body Series

STEM & Play: Multi-Sport | Ages 7-12 | 5-Day, 2-Hour Camp Format | \$95

Skyhawks is excited to offer a module-based, virtual class that explores the Science, Technology, Engineering and Math behind the sports of Soccer and Basketball. Our expert instructors will tie each module back into the sport with skill instruction to instill curiosity and a passion for learning in each child. Subjects vary by sport, but include ball design, calculating distances and angles, velocity, acceleration and more! Skyhawks puts the Sports in STEM!

July 6th – 10th 10:30 – 12:30pm

August 3rd – 7th 10:30 – 12:30pm

August 17th – 21st 9:00 – 11:00am

Chess & Play Virtual Camp | Ages 7-12 | 5-Day, 2.5-Hour Camp Format | \$119

Engage your child with this unique program that bridges physical fitness with learning the game of chess! Featuring expert coaches from Chess4Life, instruction will build a solid foundation in young players—beginner to advanced—through fun lessons, practice play and tournament rounds. Skyhawks instructors will finish each session with engaging, game-based physical education activities designed to build self-confidence, create body awareness and inspire a passion for an active lifestyle. We are excited to bring chess and physical fitness together in one fun-filled camp to teach life skills through sports AND chess!

July 27th – 31st 11:00 – 1:30pm

Esports & Play Virtual Camp | Ages 7-12 | 5-Day, 2.5-Hour Camp Format | \$119

It's game time! This unique camp combines a high energy, game-based physical education program with a brand new, one-of-a-kind gaming experience. With our passionate instructors at the core, this program will engage your child in fun activities that develop the fundamental movement skills needed to play a wide variety of sports. As a free add-on, our partners at Nimbus Esports Academy will challenge your child's mind with a skill-based Rocket League® program. Participants will work through customized drills, play in teams and compete in friendly competition. This exciting, new program promotes sportsmanship and teamwork in an immersive digital environment, while providing a positive outlet through physical activity. No game purchase necessary.

July 13th – 17th 10:00 – 12:30pm

August 17th – 21st 1:30 – 4:00pm

Lego & Play Virtual Camp | Ages 7-12 | 5-Day, 2-Hour Camp Format | \$95

This engaging virtual offering covers many fields of engineering while also teaching kids about problem solving and creative thinking through the Engineering Design Process with Lego! Participants use their own Lego bricks at home to work on fun projects led by knowledgeable staff. Skyhawks instructors will finish each session with engaging, game-based physical education activities designed to build self-confidence, create body awareness and inspire a passion for an active lifestyle. STEM-based fun with Lego mixed with physical fitness make for a unique offering.

July 20th – 24th 10:30 – 12:30pm

SuperTots at Home Series

HoopsterTots at Home | Ages 3-6 | 5-Session, 45-Minute Class | \$45

Learning basketball has never been more fun! This virtual HoopsterTots class brings our best games and lessons into your living room, ensuring an enriching and active experience for your child. Featuring our best instructors, kids will have a blast and parents will come away with some great new activities to play with the family. Expect a dynamic warm-up, stretching best practices, fun games and some life skills along the way.

Session #1: 6/16 to 7/14 Tuesdays, 12:30 – 1:15pm

Session #2: 7/21 to 8/18 Tuesdays, 12:30 – 1:15pm

SoccerTots at Home | Ages 3-6 | 5-Session, 45-Minute Class | \$45

SoccerTots programs develop motor skills and self-confidence in a fun, engaging format. Skyhawks is excited to bring our best instructors together with our most popular games, to offer a unique at-home class that promotes the early development of soccer skills and a love for an active lifestyle. This fastpaced program will keep your child engaged with an imaginative warm-up and exciting activities that disguise learning and focus on fun!

Session #1: 6/18 to 7/16 Thursdays, 12:30 – 1:15pm

Session #2: 7/23 to 8/20 Thursdays, 12:30 – 1:15pm

BaseballTots at Home | Ages 3-6 | 5-Session, 45-Minute Class | \$45

BaseballTots classes focus on fine and gross motor skills as well as body control. With lessons modified for participation in the home, top instructors teach baseball basics including throwing, catching and hitting. We are excited to help these little ones develop a love of the game! Children will experience an exciting program featuring dynamic warm-ups, stretching best practices, fun games and valuable life lessons along the way.

Session #1: 6/17 to 7/15 Wednesdays, 12:30 – 1:15pm

Session #2: 7/22 to 8/19 Wednesdays, 12:30 – 1:15pm

Multi-SportTots at Home | Ages 3-6 | 5-Session, 45-Minute Class | \$45

Introduce your little superstar to sports with this virtual, multi-sport introduction to basketball and soccer! With age-appropriate games and activities modified for playing in the home, children explore balance, hand/eye coordination, fitness and early sports skill development. This fast-paced program will keep your child engaged with imaginative warm-ups and exciting activities that disguise learning and focus on fun!

Session #1: 6/13 to 7/18 (No Class: 7/4) Saturdays, 9:00 – 9:45am

Session #2: 7/25 to 8/22 Saturdays, 9:00 – 9:45am